

## **Hide-and-Seek Documentary English Audio Description Preshow Notes**

Welcome to the 2025 No Limits programme, Hide-and-Seek Documentary by ErGao Dance Production Group. This programme is co-presented by the Hong Kong Arts Festival and The Hong Kong Jockey Club Charities Trust with strategic supporting partner, Arts with the Disabled Association Hong Kong. I am Kate Allert, the audio describer.

The film will be screened, free of charge, at Laundry Steps, Tai Kwun on the 8<sup>th</sup> of March 2025, at 3.30pm and the 9<sup>th</sup> of March at 1.45pm. It is approximately 35 minutes long, performed in Putonghua, with accessible captions in Chinese and English, audio description in Cantonese, and house programme in audio format available. Guide dogs are welcome.

It is also available to watch for free on the No Limits website from 10am on the 24<sup>th</sup> of March to 10pm on the 19<sup>th</sup> of May, 2025, with subtitles and accessible captions in Chinese and English, dubbing and audio description in Cantonese and English, with the house programme available in audio format.

### **General Introduction**

The documentary captures the innovative process devised by two Chinese artists, ErGao and Zeyu, as they co-created the dance work, Hide-and-Seek. The visually-impaired Zeyu used to be a masseur, and the pair used the specific techniques that he was trained in, as a starting point to develop the work. A number of experimental, inclusive workshops were held, with diverse members of the community, where participants combined dance movements with touch techniques. The creators share their thoughts about the process in interviews, and scenes from their daily lives are also included.

### **Key People**

The three people interviewed in the film are ErGao, Zeyu and Benson, the producer of the project.

Er Gao, whose real name is He Qiwo, is a well-muscled man in his thirties, with dark skin and heavy-lidded eyes. He has a small moustache and goatee beard, and his hair is clipped short at the sides and long on top. He usually wears vests or T-shirts with shorts and sometimes earrings. He smiles often.

Theo Wang Zeyu is tall and slim, with fair skin and a conventional haircut. His eyes are unfocused and his face expressive. He laughs a lot. During workshops, he wears similar clothes to ErGao and his hair gets rumpled. The rest of the time, he dresses in shirts and trousers and is well-groomed.

Benson is short and stocky with a round face and big eyes. He has a trendy, clipped hairstyle and facial stubble.

## **Key locations**

There are two indoor, and two outdoor locations shown in the film.

The first is a small dance studio, rectangular in shape, brightly lit with floor to ceiling windows down one of the long sides. The floor is covered with non-slip vinyl and is marked in various places with coloured tape. The room is decorated with several silver mirror balls that catch the light, a banner with old photographs on it and a few sketches of the human body in dance positions stuck on the glass.

The other indoor space is a much larger activity room, with several table tennis and pool tables at the rear and an open space for movement.

One of the outdoor spaces is a traditional Chinese park, with a large lotus pond and a hexagonal pavilion in the centre, with a black roof and red columns. Around the pond are decorative white concrete walls, that the participants use for support and to stretch their bodies over.

Lastly, there's an outdoor exercise area, with padded green and blue tiles and brightly coloured metal exercise equipment, including a walking machine where the user steps on and swings their legs back and forth. Er Gao and Zeyu use this machine and others as they chat, and also sit down to rest on the padded surface.

## **Additional information**

One of the workshops features pole dance practice, when a tall red metal pole, with a small platform at its base, is installed in the dance studio. In the film, up to 3 people are shown using the pole at the same time, doing different movements. Some participants climb the pole, using hands and bare feet to grip. Others clamp their bodies to the pole using different parts of their bodies, armpits and thighs as well as hands and feet, then use their body weight to spin around it, or stretch out and hang upside down.

During the workshops, Zeyu often demonstrates blind massage techniques on ErGao for participants to follow. In another workshop, participants make costume items and props in a variety of geometric shapes and sizes from tree bark, cardboard and plywood, amongst others. These are then worn and used outdoors.

This is the end of the audio description preshow notes of "Hide-and-Seek, the documentary". Please enjoy the film.